**Male PRT Standards**

http://www.navy-prt.com/clipart/lines/horizontal/beveled-grey-gradient.gif

**MALES:  AGE 17 TO 19 YEARS  
  
PERFORMANCE PERFORMANCE POINTS  CURL PUSH 1.5-MILE**  
**CATEGORY      LEVEL            UPS  UPS   RUN**  
Outstanding   High       100    109  92   8:15   
Outstanding   Medium     95     107  91   8:45     
Outstanding   Low        90     102  86   9:00     
Excellent     High       85     98   82   9:15   
Excellent     Medium     80     93   79   9:30    
Excellent     Low        75     90   76   9:45    
Good          High       70     81   68   10:00   
Good          Medium     65     71   60   10:30   
Good          Low        60     62   51   11:00    
Satisfactory  High       55     59   49   12:00